



- Shadwell Basin Loop: 1.8 miles / 36 mins
- Thames Walk: 2.1 miles/ 42 mins
- St George's in the East: 1.7 miles / 34 mins
- Surgery

**tower hamlets**



**walking maps**  
**shadwell**

For more information or to  
download a map visit:  
[www.towerhamlets.gov.uk/walking](http://www.towerhamlets.gov.uk/walking)  
or [www.walk4life.info](http://www.walk4life.info)

**walk 4 life**

Walk England  **Tower Hamlets** 